



Travel health

If you are planning a holiday abroad please check the practice website www.trentmeadowsmedicalpractice.co.uk to see whether you require any vaccinations. Travel health questionnaires are also available at reception. A member of the nursing team will contact you to advise you which vaccines you need and to arrange any appropriate appointments. Ensure that you contact the Practice 4 weeks before you travel to ensure that you are adequately covered. Please note that **certain** travel vaccinations are not part of the NHS service and therefore fees are incurred for this service.

Hay fever

A reminder to book a telephone consultation with either a GP or the Nurse Practitioner before your symptoms actually begin.

Sun safety

- Use sunscreen (SPF15+), shade, sunglasses and clothing to ensure that you're protected from ultraviolet (UV) radiation which may cause skin cancer.
- Remember that children's skin is much more delicate.
- Sun safety advice should be followed whether home or abroad.

Patient participation group

If you are interested in becoming a member of Trent Meadows Medical Practice PPG, please contact Lalita Heier (Patient Liaison Officer and Secretary of the PPG) on 01283 741988 or David Jones (Chair of the PPG) on 01283 569963.

Diabetes pilot study

Starting at the end of June the PPG will be encouraging patients to take part in a 'Diabetes Pilot Study' being run in conjunction with Diabetes UK. The study will involve patients filling out a brief questionnaire (with the help of the PPG and a healthcare assistant) to give an indication of their risk of developing Type 2 Diabetes over the next 10 years. Please contact Lalita Heier on 01283 741988 if you are interested in taking part. The sessions will take place on the following dates:-

Wednesday 29th June 2011 (pm @ Branston)
Thursday 30th June 2011 (pm @ Branston)
Wednesday 6th July (pm @ Stretton)
Thursday 7th July (pm @ Stretton)

Becoming a research practice

From June 2011 we will be undertaking research studies with Primary Care Research Network (PCRN). Adding another dimension to the practice will ensure the practice's growth and enable us to be at the forefront of developments within general practice.



Staff changes

Practice Nurse Sarah Loan will be joining us on 6th June - a very warm welcome to her.

Surgery closure

The surgery will be closed on the following afternoons for staff training:-

Wednesday 15th June 2011
Tuesday 5th July 2011
Wednesday 14th September 2011
Thursday 6th October 2011
Tuesday 8th November 2011

Test results

These are available between the hours of 12.30pm and 4.30pm.

GP Availability

Please be aware that although we have 7 GPs at the practice, 3 are part time, namely Dr Crosse, Dr Jones and Dr Smith and that they have to work across two sites. On occasions it may be difficult to get an appointment with one of them and we ask that patients then try to be flexible.

Becoming a training practice

We currently have GEM (General Entry Medical) students with us from Nottingham University as well as 3rd and 5th year students from Keele University.

A huge thank you to any patients who have helped students in the past, we could not continue to train medical students without your support!

Foundation Year 2 doctors currently spend 4 months with us and some of you may on occasion have had appointments with one of them.

From August 2011 we will be having a Registrar join us. GP Registrars are full qualified doctors who are in the process of undertaking specialist training in general practice.

Booking appointments

Please remember that an appointment with a GP is for 10 minutes to deal with ONE PATIENT and a SINGLE illness. If you have numerous matters to discuss a longer / separate appointment may be needed. Please ask the receptionists when booking your appointment. A reminder that we run a late night surgery on alternate Tuesdays at Stretton and alternate Thursdays at Branston.

A polite reminder that telephone consultations should not be used for the purpose of getting repeat medication.